Holdwell

Terms of Sale

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These terms apply when you buy Holdwell products. Holdwell is a trading name of Alsana Management LLC-FZ, a company registered in the United Arab Emirates (6th Floor, Meydan Grandstand, Meydan Road, Dubai, UAE) ("we", "us"). Contact: info@alsanamanagement.com.

1. What you are buying. Holdwell products are digital downloads (for example, the ebook "Holdwell: The 12-week plan for life after the jab"). You receive access immediately after payment through your Whop account. No physical item is sent.

2. Price and payment. The price is shown on the product page at checkout. Payments are processed by Whop. Any taxes are shown at checkout where they apply.

3. Immediate access and your right to cancel. By completing your purchase, you ask for immediate access to the digital content and you acknowledge that once access is provided, you lose any statutory right to cancel (including the 14-day cancellation right under UK and EU consumer law).

4. Licence. You get a personal, non-transferable licence to read, download and print the content for your own use. You may not copy, resell, share, upload or distribute it, in whole or in part, without our written permission. All content, design and images remain our property.

5. Not medical advice. Holdwell provides general information about food, strength, habits and mindset. It is not medical advice and does not diagnose, treat or cure any condition. Always speak to your prescriber or doctor before starting, changing or stopping any medication, diet, supplement or exercise. If you have a medical condition, are pregnant or breastfeeding, or are under 18, get medical advice before using the content. In an emergency, call your local emergency number.

6. Results. Individual results vary. We do not guarantee any particular weight, health or fitness outcome.

7. Refunds. Refunds are covered by our Refund Policy, which forms part of these terms.

8. Liability. We are responsible for losses that are a foreseeable result of our breaking these terms. We are not responsible for losses that are not foreseeable, or for any decisions you make about your health. Nothing in these terms limits liability that cannot be limited by law, or removes any rights you have as a consumer under the law of the country where you live.

9. Changes. We may update these terms. The version in force at the time of your purchase applies to that purchase.

10. Law. These terms are governed by the laws of the United Arab Emirates, without removing any mandatory consumer protections in your country of residence.